

15 PAGE GUIDE

A DIVINELY GUIDED LIFE

*Be Who You're
Meant to Be*

**Discover 3 Proven Ways
Unfulfilled Professionals
Honor Their Purpose &
Have More Meaning in Life**

www.Powerful-Mind.com



You've done all the right things... yet *something's* not right.



You've checked all the boxes of what the perfect life is supposed to be but you're still not where you want to be.



You no longer recognize who you are and your sense of self.



You lost your sense of direction and purpose in life (even though you're grateful for so much).



You're focusing so much on others that you don't know what you want or how to get it without sacrificing the good things.



You're left with no time for yourself and all you want to do is find a roadmap to get back on track.

**It's possible
to stop feeling mentally drained,
physically exhausted, & spiritually depleted
and create a life you don't need to escape from.**

Everything changes...

the moment you choose something more for yourself and no longer settle for a life less than the one that's worthy of you and your potential.



BE INSPIRED!

You're a successful woman yet your life no longer lights you up like it used to. You're tired of being tired.

You've waited long enough and are finally ready to live your life on purpose and with intention.

You're ready to make changes so you can deeply align with the woman you've become and the woman you feel inspired to be. The inner calling you feel is asking to be acknowledged and embodied.

Honor Your Deeper Purpose & Have More Meaning in Life

1 - Love Yourself Deeply



Appreciate and embrace your gifts, skills, and life experiences so you can love yourself enough to settle for nothing less than a fulfilling life and legacy that honors your soul.

ACTION: Listen to this [Trust Yourself](#) hypnotic meditation daily to reconnect with your deepest self and remember deeply who you truly are.

2 - Decide What's Important



Strengthen your boundaries and commitments so your life is filled with only those things that uplift, empower, and inspire you to do, be, and have everything you desire.

ACTION: Where/with whom are your boundaries weak? What are you tolerating in life that you know you need to change? [Click here](#) to get clear.

3 - Let Your Spirit Guide You



Follow your intuition and inner guidance to lead you to your next best steps so you can become the best version of yourself and make the impact you were born to make.

ACTION: What ideas or desires are speaking to your heart? Identify the next step in making that happen. Then take that step. [Click here](#) to tap into your intuition.



I'm Krysti Turznik,

founder of the Return to Self program

With over 20 years experience, I'm a high-performance coach helping professional women get out of the corporate grind and create their own legacy.

I teach women how to leverage the scientific and spiritual principles that respond to their mindset, overcome self-sabotage, harness their innate power, and intentionally and purposefully create a life that where every day feels like a day at the beach.

My #1 best-selling book, Mindset Magic: Using Scientific & Spiritual Principles to Create Your Life, has been endorsed by Michael Bernard Beckwith. I hold a Master Degree in Metaphysics, Bachelor of Science Degree in Biology, am an ordained minister, certified consulting hypnotist, and Ho'oponopono practitioner.

Since you're reading this, I'm guessing you're ready for a new relationship with yourself and your life, and want to make a bigger impact that aligns with your soul.

The great news is that there's a predictable process of inner work and outer actions that make that happen. It's a combination of mindset, strategy, and spirituality.

I have tons of tools to share with you and look forward to helping you transform your life into the one that you know you deserve (and are inspired by).

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